

BENTLEY HIGH SCHOOL

Jean Kish 810-591-9536
Food Service Director

Susie Martinbianco
Manager
810-591-9519

Breakfast And Lunch Free To All Students

Adult Lunch \$3.00 Adult Breakfast \$2.00 Milk .50



Lunch Menu September 2018 - January 2019

| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|--|---|---|---|--|
| 1 | Club Ciabatta Taco's w/Meat & Cheese Cheese Quesadilla Chicken Tender w/Bun Basket Refried Beans Corn Applesauce | Create Your Own Sub Asian Chicken w/Rice Crispito's Spicy Boneless Wings Basket French Fries Peaches | Pizza Panini Chicken Nuggets w/ Roll Ravioli w/Roll Hot Ham & Cheese w/bun Steamed Broccoli Potato Fruit Mix | Create Your Own Sub French Toast w/Sausage Chicken N Waffles Macaroni & Cheese w/Roll Hash brown Pears | Create Your Own Stir Fry Popcorn Chicken Dawg Bowl w/ Roll Bosco Sticks w/ Sauce Mashed Potatoes w/Gravy Corn Mandarin Oranges |
| 2 | Turkey, Bacon Ciabatta Nacho's w/Meat & Cheese Beef & Bean Burrito Chicken Tender w/Bun Basket Refried Beans Corn Peaches | Create Your Own Sub Bacon Cheeseburger w/Bun Cheeseburger w/Bun Hamburger w/Bun Boneless Wings Basket Oven Fries Pears | Buffalo Chicken Panini Chicken Tenders w/ Bread Stick Sloppy Joe w/Bun Steak-um Sub Baked Beans Tater Tots Applesauce | Create Your Own Sub Salisbury Steak w/Roll Chicken Drummie Bosco Sticks w/Sauce Steamed Broccoli Mashed Potatoes Fruit Mix | Create Your Own Stir Fry Popcorn Chicken w/Roll Pork Bar B Que w/ Bun Spicy and Regular Chicken Patty w/Bun Steamed Carrots Pineapple |
| 3 | Chicken Club Panini Nacho's w/Meat & Cheese Crispito's Chicken Tender w/Bun Basket Refried Beans Corn Pears | Create Your Own Sub Asian Chicken w/Rice Chicken Cordon Bleu w/Bun Spicy Boneless Wings Basket Waffle Fries Applesauce | Antipasto Ciabatta Chicken Nuggets w/ Pretzel Corn Dog Pizza Sliders Basket Oven fries Pineapple | Create Your Own Sub Spaghetti w/Meat Sauce & Bread Stick Chicken Alfredo w/ Bread Stick Chicken Patty w/Bun Steamed Broccoli Peaches | Create Your Own Stir Fry Popcorn Chicken Dawg Bowl w/ Roll Bosco Sticks w/ Sauce Mashed Potatoes w/Gravy Corn Mixed Fruit |
| 4 | Chick. Parmesan Ciabatta Taco's w/Meat & Cheese Chicken Fajita's Chicken Tender w/Bun Basket Refried Beans Corn Applesauce | Create Your Own Sub Grilled Ham & Cheese Sandwich Grilled Cheese Sandwich Spicy Chicken Tenders on Bun Tomato Soup Pineapple | Ham & Cheese Ciabatta Chili Cheese Fries Chili Dog w/Bun Hot Dog w/Bun Bosco Sticks w/Sauce Hash Brown Potatoes Peaches | Create Your Own Sub Bacon Cheeseburger w/Bun Hamburg w/Bun Macaroni & Cheese w/Roll Steamed Broccoli Oven Fries | Create Your Own Stir Fry Popcorn Chicken w/Bread Stick Fish Patty w/Bun Boneless Chicken Wing Basket Peas & Carrots Pears |

OTHER DAILY SELECTIONS:
Pizza, PBJ, Varsity Salads And Yogurt Parfait
Fruit and Veggie Bar
Low fat White Milk and Fat Free Flavored
BREAKFAST
Variety of Donuts, Cereals, Bagels, Sweet Breads, Pop Tarts, Hot Sandwiches and Entrees
Breakfast includes Whole Grains, Fruits, And Low Fat White Milk and Fat Free Flavored

September 2018

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

October 2018

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

November 2018

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | |

December 2018

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

January 2019

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

WEEK 1 WEEK 2 WEEK 3 WEEK 4



MENU SUBJECT TO CHANGE

USDA IS AN EQUAL OPPURTUNITY PROVIDER AND EMPLOYER